

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 8 <sup>th</sup> Jan To 12 <sup>th</sup> Jan	<b>Chicken curry, rice &amp; Salad, naan bread</b>  <b>Fruit and cream sponge &amp; custard</b>	<b>Oven baked sausage &amp; gravy</b> <b>Peas, mash potato</b>  <b>Sponge Fruit &amp; custard</b>	<b>Pasta bolognaise, Salad &amp; crusty bread</b>  <b>Jelly &amp; fruit or yoghurt</b>	<b>Roast Chicken</b> <b>Carrots &amp; peas oven roast &amp; mash potato, gravy</b>  <b>Milkshake fruit &amp; biscuit</b>	<b>Oven baked salmon</b> <b>Or</b> <b>Chicken bites</b> <b>Chips or baked potato, Sweetcorn</b>  <b>Yoghurt &amp; Fruit</b>
<b>Week 2</b> 15 <sup>th</sup> Jan To 19 <sup>th</sup> Jan	<b>Fish Fingers, parsley sauce</b> <b>Peas &amp; mash potato</b>  <b>Chocolate flavoured pear sponge &amp; custard</b>	<b>Vegetable soup &amp; Steak burger</b> <b>Sweetcorn</b>  <b>Flake meal biscuit, fruit &amp; milkshake</b>	<b>Cottage pie, peas, mash potato &amp; gravy</b>  <b>Jelly, Fruit or Yoghurt</b>	<b>Roast Chicken, turnip &amp; carrots, oven roast &amp; mash potato</b> <b>Stuffing &amp; gravy</b>  <b>Carrot cake, fruit &amp; custard</b>	<b>Cheese &amp; tomato pizza,</b> <b>Or</b> <b>Lasagne</b> <b>Coleslaw or sweetcorn chips or baked potato</b>  <b>Yoghurt &amp; Fruit</b>
<b>Week 3</b> 22 <sup>nd</sup> Jan To 26 <sup>th</sup> Jan	<b>Chicken pie, carrots, champ &amp; gravy</b>  <b>Chocolate flavoured sponge &amp; custard</b>	<b>Chicken soup</b> <b>Steak burger in a bap</b> <b>Sweetcorn</b>  <b>Biscuit &amp; Fruit or Yoghurt</b>	<b>Pasta bolognaise, Salad &amp; crusty bread</b>  <b>Muffin, fruit &amp; Milkshake</b>	<b>Roast Pork, carrots &amp; parsnip oven roast &amp; mash potato, stuffing &amp; gravy</b>  <b>Jelly fruit &amp; biscuit</b>	<b>Chicken bites</b> <b>Or</b> <b>Oven baked Salmon</b> <b>Sweetcorn or Beans</b> <b>chips or baked potato</b>  <b>Yoghurt &amp; Fruit</b>
<b>Week 4</b> 29 <sup>th</sup> Jan To 2 <sup>nd</sup> Feb	<b>Omelette, Beans &amp; mash potato</b>  <b>Fruit and cream sponge &amp; custard</b>	<b>Steak burger in bap</b> <b>Sweetcorn, oven baked diced potatoes</b>  <b>Jelly &amp; fruit or yoghurt</b>	<b>Chicken tikka masala, rice, Salad &amp; naan bread</b>  <b>Apple sponge &amp; Custard</b>	<b>Roast Chicken</b> <b>Carrots &amp; parsnip, stuffing, oven roast &amp; mash potato, gravy</b>  <b>Milkshake, fruit and biscuit</b>	<b>Fish Fingers</b> <b>Or</b> <b>Cheese &amp; tomato pizza, chips, sweetcorn or baked potato</b>  <b>Yoghurt &amp; Fruit</b>

**NB: Bread, Milk, Water & Fresh Fruit served alongside every set meal.**