

North Eastern Education & Library Board Primary School Meals Kitchen

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 5 th March To 9 th March	Chicken curry, rice & Salad, naan bread Fruit and cream sponge & custard	Oven baked sausage & gravy Sponge Fruit & custard	Pasta bolognaise, Salad & crusty bread Jelly & fruit or yoghurt	Roast Chicken Carrots & peas oven roast & mash potato, gravy Milkshake fruit & biscuit	Oven baked salmon Or Chicken bites Chips or baked potato, Sweetcorn Yoghurt & Fruit
Week 2 12 th March To 16 th March	Fish Fingers, parsley sauce Peas & mash potato Chocolate flavoured pear sponge & custard	Vegetable soup & Steak burger Sweetcorn Flake meal biscuit, fruit & milkshake	Cottage pie, peas, mash potato & gravy Jelly, Fruit or Yoghurt	Roast Chicken, turnip & carrots, oven roast & mash potato Stuffing & gravy Carrot cake, fruit & custard	Cheese & tomato pizza, Or Lasagne Coleslaw or sweetcorn chips or baked potato Yoghurt & Fruit
Week 3 19 th March To 23 rd March	Chicken pie, carrots, champ & gravy Chocolate orange & cream sponge & custard	Chicken soup Steak burger in a bap Sweetcorn Biscuit & Fruit or Yoghurt	Pasta bolognaise, Salad & crusty bread Muffin, fruit & Milkshake	Roast Pork, carrots & parsnip oven roast & mash potato, stuffing & gravy Jelly & fruit	Chicken bites Or Oven baked Salmon Sweetcorn or Beans chips or baked potato Yoghurt & Fruit
Week 4 26 th March To 30 th March	Omelette, Beans & mash potato Chocolate sponge & custard	Fish Fingers Or Cheese & tomato pizza, chips, sweetcorn or baked potato Yoghurt & Fruit	Steak burger in bap sweetcorn, oven baked diced potatoes Jelly & fruit or yoghurt		

NB: Bread, Milk, Water & Fresh Fruit served alongside every set meal.